



Šaelscoil na Ríthe,  
Domhnach Seachnaill, Co. na Mí

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25<sup>ú</sup> Meán Fómhair 2019

A chairde,

Mar gheall ar chásanna **ailléirge** sa scoil anseo againn, ta **cosc iomlán** ar chnónna de gach sórt agus aon tairgí de dhéantús cnónna. Níl cead cnónna nó bia de dhéantús cnónna a bheith sa bhosca lóin ag na páistí. D'fhéadfadh sé a bheith ina chúis de fhrithghníomhú ailléirgeach agus bás má thrasnáíonn sé/sí le bia ar bith de dhéantús cnónna. I measc an bhia coitianta go bhfuil cosc orthu tá **Nutella** agus **im piseanna talún**. Ag súil le bhur gcabhair agus bhur dtacaíocht le seo.

**Children in our school have a severe allergic reaction to peanuts/nuts.** This allergic reaction (anaphylactic shock) can occur through ingestion of peanut/nut products, cross contamination and breathing peanuts in the air. Since this condition can be life threatening, we are asking for your help in minimising the risk to these children. **The following are not permitted in school lunches:**

- All nuts and seeds
- Peanut butter and other spreads containing nuts such as Nutella
- Snacks containing nuts or labelled “may contain nut traces”

Please pay close attention to what you give your child for lunch and also ask them **not to share their lunches**. We are currently updating our Healthy Eating Policy and a copy of the updated policy will be circulated upon completion.

**Due to the severity of the problem, it is important that all parents carry out the suggested measures and reduce the risk of allergic reaction to children.**



**Tá cosc iomlán ar  
chnónna i  
nGaelscoil na Ríthe**

